Policy Implementation and Effective Management in the Health Sector: An Evaluation of the University of Uyo Teaching Hospital, Uyo, Akwa Ibom State, Nigeria

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Abstract

The aim of this study was to examine how effective management of policy implementation has helped to achieve the institutional goals and objectives. The study adopted both historical and descriptive methods in gathering data. Findings of the study revealed that University of Uyo Teaching Hospital has experienced good performance as a result of effective management in the area of training of medical personnel, reduction of stillbirth, support services and effective management of molecular virology among others. The study further revealed that in spite of its achievement, the institution is still sullied with some teething problems such as inadequate medical personnel, low budgetary allocation by the government, disposition and unnecessary delay etc. Based on this, it was recommended among others, that government should train and retrain more medical personnel to enhance efficient and effective service delivery. Also, government should allocate more funds to the institution to enable it actualize its goals and objectives.

Keywords: Policy, Implementation, Effective management, Health Sector, Akwa Ibom State